

Midwest Regional Conference



Shirley Pacey, founder and director of Blue Tower Training in Decatur, Ill.

On June 23 – 24, 14 staff members from Mosaic in South Central Iowa joined staff from other Mosaic agencies for the Midwest Region Training Event. This inaugural event allowed more than 100 staff members from across the region to hear some fabulous speakers and to share and learn from each other. One of the highlights of the conference included a keynote speech by Shirley Pacey, founder and director of Blue Tower Training in Decatur, Ill. Shirley shared a number of real life stories from her 37 years of experience learning from people with disabilities about what is important to them.

Expressions is on the move

Osceola Work Services and Expressions Gift Shop will be relocating to our new location this fall! Renovations to the former Alliant building on the northwest side of the square in Osceola are taking shape. We will be having a Return to Basics theme for our gift and coffee shop. The gift shop will feature items made by individuals supported by Mosaic such as our Simply Soy by Mosaic candles and lotions, hand-woven rugs and Jumpy Monkey® Coffee. We will also have a private label line of green cleaning products, which individuals supported by Mosaic package and label. Several other new projects are in the works, including a heat press business. Look for more information in the coming months about the exciting changes in Mosaic Work services. Currently, the Mosaic work site supports 25 people with developing work skills on site in Osceola and supports five people with employment in the local community.



Making dreams come true

On June 28, Mark and others from Mosaic traveled to Boone, Iowa to ride on the Boone & Scenic Valley Railroad. Mark is fascinated with trains and loves to watch them from the marsh near the Mosaic building in Chariton. The joy on Mark's face spoke volumes that day as he enjoyed riding in a 1920s-era coach car while watching for wildlife in the Des Moines River Valley below. Although Mark had ridden the train once before with family members, one of his dreams was to return, a dream that Mosaic helped come true.



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Find us on Facebook

Mosaic in South Central Iowa is on Facebook! Like our page and keep up on the news and events going on in the agency. Don't forget to share our page with your Facebook friends!

www.facebook.com/mosaicinsouthcentraliowa

Upcoming events

Fall Family Fun Event

East Lake Park | Osceola, Iowa | Saturday, Sept. 24

Picnic: 5:00 – 6:45 p.m. | Entertainment: 7 – 8 p.m.

Everyone is welcome! Join us for an evening of food, fun, games and musical entertainment. Please RSVP to Shanda Hiatt by Sept. 13 by calling 641.342.6015 or emailing shanda.hiatt@mosaicinfo.org.



Second Annual Murder Mystery Dinner Theater — The Mafia Murders

Expressions and Work Services building | 209 W. Washington | Osceola, Iowa

Saturday, Oct. 15, 2011 | 5:30 – 9 p.m. | Show starts at 6:30 p.m.

Tickets, including dinner and the show, are \$20 in advance, \$25 at the door. There will be a limit of 120 tickets sold. Doors open at 5:30 p.m. for appetizers and a tour of our new gift shop and coffee bar. The show will be at 6:30 p.m. Beginning Sept. 19, tickets can be purchased in Osceola at the Expressions Gift Shop, Hy-Vee, Great Western Bank, Clarke County State Bank and American State Bank. In Chariton, tickets can be purchased at Mosaic, Chariton Chamber of Commerce, Midwest Heritage Bank and Community 1st Credit Union.

To get involved, purchase tickets or for more information on the Murder Mystery Dinner Theater, please call 641.342.6015 or visit www.mosaicinsouthcentraliowa.org.

Free resources for vacation bible school or Sunday school

Children's educational materials are available for free to churches from Mosaic. There is a four-week lesson plan along with a 20-Day Awareness activity guide that features Duncan the Duck and would be a great platform for children's programming. Materials include coloring books, coin banks, an animated story on DVD and Bible study lesson plans, all of which feature Mosaic's children's mascot, Duncan. To learn how you can receive these educational materials for free, please visit www.mosaicinfo.org/resources/childrens_education/index.htm.

Contact Mosaic when looking for temple talks, guest speakers or children's programs, as well as further information about admissions, volunteering and giving opportunities. For more information, please contact Karen Irwin at karen.irwin@mosaicinfo.org or 641.342.6015.



Reaching for the Stars by Mosaic in South Central Iowa

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Mission

Embracing God's call to serve in the world, Mosaic advocates for people with intellectual disabilities and provides opportunities for them to enjoy a full life.

Integrity at Mosaic

If you have a concern, call our national Confidential Reporting Hotline at 800.443.4899, or email integrity@mosaicinfo.org.

Relationships

Mosaic is an affiliated social ministry organization of the Evangelical Lutheran Church in America and a member of Lutheran Services in America.

Non-discrimination

Mosaic will not discriminate in matters of employment or service delivery on the basis of race, creed, age, color, sex, religion, national origin, ancestry, physical or mental disability, marital status or veteran status.

To be added or removed from the mailing list for Reaching for the Stars, or to receive information via email, please contact Mosaic at the address given.

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Get involved with Mosaic

Donate — Your gift can provide activities and items that would not otherwise be possible. Many of the people we assist rely on limited government funding. Some are left with as little as \$50 a month, which must take care of all of their personal expenses such as haircuts, social activities, clothing and personal care items. Options include immediate gifts, planned gifts or in-kind gifts. For more information on how you can give to Mosaic or to make a donation, contact Stephanie Gehlhaar at stephanie.gehlhaar@mosaicinfo.org or call 641.342.6015.

Mosaic in South Central Iowa's Wish List

- Picnic tables
- Frequent flyer miles
- Movie passes
- Admission to Blank Park Zoo and other area attractions
- Nintendo Wii games
- Sensory items
- Couch or loveseat
- Rocker or recliner
- Blankets
- Board games or yard games
- Restaurant gift cards
- Low-impact exercise or educational videos
- Wall art (photography, abstract, etc.)
- Swim Passes to AmericInn in Osceola
- Volunteers for day service sites (teach a skill, share a hobby, etc.)
- 10 tickets to Iowa Cubs game
- Knoxville Recreation Center Passes

Jump on the Jumpy Monkey[®] bandwagon

Mosaic in South Central Iowa sells Jumpy Monkey[®] coffee at our gift shop, Expressions by Mosaic in Osceola. The coffee is packaged and labeled by individuals in service at the Osceola store and can be purchased either ground or whole bean in a variety of flavors.



JUMPY MONKEY[®]
Coffee With A Cause!

With your purchase of Jumpy Monkey[®] products, not only are you receiving a quality product, but you are also assisting in providing meaningful employment for people

with intellectual disabilities supported by our agency. Stop by our gift shop or one of our partners listed on the right to purchase a bag of this great coffee.

Volunteer — Do you or anyone you know have a talent you would like to share such as art, crafting, reading, music, or special interests such as cars, farming, woodworking or carpentry?

You can help build connections between the people Mosaic supports and the community. Mosaic welcomes individuals and groups who would like to share their time and talents.

To learn more, contact Karen Irwin, community relations manager at 641.342.6015 or karen.irwin@mosaicinfo.org.



Advocate — Mosaic Allied Voices (MAV) volunteers inform elected officials at local, state and national levels of the needs and rights of people with intellectual and developmental disabilities. When you become a Mosaic Allied Voices (MAV) volunteer, you help promote public policies that ensure a life of possibilities for people with intellectual disabilities in our community and around the world. Your time commitment is minimal. When issues that impact people with intellectual disabilities are identified, you will receive an email alert asking you to contact your elected official. You can be the voice of a person who would otherwise not be heard.

For more information or to sign up to become a MAV volunteer, visit www.mosaicialliedvoices.org.

Mosaic in South Central Iowa Jumpy Monkey[®] Coffee Partnerships:

- Fareway — Osceola
- Hy-Vee — Osceola
- Hy-Vee — Chariton
- Expressions by Mosaic — Osceola
- Frontier Trading Post & Lucas Co. Welcome Center — Chariton
- Gifts Galore — Lucas Co. Health Center Gift Shop
- Amish Country Store — Lamoni

Looking for a great fundraiser for your group or organization while simultaneously creating meaningful employment for people with intellectual disabilities? Fundraising opportunities are available with Jumpy Monkey[®] coffee. For more information, contact Courtney at 641.342.3633.

Letter from the Executive Director

by Stephanie Gehlhaar

As many of you may know, Mosaic in South Central Iowa assumed residential and vocational services in Chariton, Iowa in July 2010. This doubled the number of individuals receiving supports from our agency. While the transition went smoothly, Mosaic quickly realized that it would take time to establish a standard of quality that could work equitably in both communities. I would like to share our system and our findings after this first year.

Locally, our agency is accredited through The Council on Quality and Leadership. Each Mosaic agency assesses quality twice a year through an internal self-assessment review called Basic Assurances® and annually with a national validation review. The review assesses quality under 10 factors:

1. Rights, Protection and Promotion
2. Dignity and Respect
3. Natural Support Networks
4. Protection from Abuse, Neglect, Mistreatment and Exploitation
5. Best Possible Health
6. Safe Environments
7. Staff Resources and Supports
8. Positive Services and Supports
9. Continuity and Personal Security
10. Basic Assurance System (quality review process)

The Basic Assurance review is divided into four levels of assessment:

1. Probes — assesses specific areas for a sample of individuals supported, staff and sites
2. Systems — assesses policies and procedures
3. Practices — determines if the systems are followed consistently through all service areas
4. Indicators — these are only present if both the system and practice for each area is met

Mosaic continues to have strong medical support systems for individuals supported 24-hours a day. It is more difficult to ensure the same medical supports for other individuals since we are not always the party responsible to take them to appointments. To help with this, Mosaic has implemented Health Screening Assessments to help all individuals know the American Medical Association recommendations.



Mosaic is continuing to assist individuals to realize when they have made accomplishments (big or small). You should be seeing more communication regarding your family member's accomplishments, so you too can help them celebrate!

Mosaic also is continuing to help individuals increase their personal support systems. This could mean enhancing relationships with additional family members, developing friendships and outreach to others. We are working on setting up Skype in homes to communicate with family members and friends who may not be local. If you would like to utilize this service with a family member or friend who is supported by Mosaic in South Central Iowa, please let us know.

For several years, Mosaic has also used CQL's Personal Outcome Measures (POM) to assess our quality. The POM assesses each individual's satisfaction (outcome) and staff supports in 23 areas. Some key data include:

In summary, Mosaic in South Central Iowa is continuing our goal of providing high quality service. If at any time you feel we are not meeting a high standard of quality, please call me at 641.342.6015 x222 or email stephanie.gehlhaar@mosaicinfo.org.

Basic Assurance results	June 2010 validated by Mosaic	October 2010 validated by CQL	March 2011 self assessment	July 2011 validated by Mosaic
Systems (of 46)	46	41	46	46
Practices (of 46)	46	41	45	44
Indicators (of 46)	46	41	45	44

Standard	July 2010 (Prior to growth info added)	June 2011 (After growth)
Avg. Outcome Score of all areas	76%	78%
Avg. Support Score of all areas	79%	82%
Participate in Life of Community Outcome	76%	86%
Participate in Life of Community Support	82%	86%
Continuity and Security Outcome	82%	72%
Continuity and Security Support	83%	89%

Mosaic Track and Field Day

Thanks to all of the staff, family members and friends who attended our Track and Field Day on June 15, 2011. We appreciate your support. Congratulations to all of the athletes who competed!



With a little help from staff, Kari M. enjoys participating in track and field day.



Marc L. races toward the finish line in the 25-yard unassisted wheelchair race.



Katie C. winds up for a second place finish in the tennis ball toss.

Tennis Ball Toss

	Group 1	Group 2	Group 3	Group 4
1st Place	Nancy S.	Shanna K.	Donna S.	Bob P.
2nd Place	Katie C.	Crystal A.	Joan B.	Allen K.
3rd Place	Jenny B.	Deb B.	Kari M.	Ron S.
4th Place	Connie E.			Jonah K.

Softball Toss

1st Place	Jessica W.
3rd Place	Summer L.

25-Yard Guided Walk

1st Place	Shanna B.
2nd Place	Allen K.
3rd Place	Jonah K.
4th Place	Ron S.

25-Yard Walk

	Group 1	Group 2
1st Place	Rosemary H.	Jon D.
2nd Place	Bob P.	Deb B.
3rd Place		Bobby B.

50-Yard Walk

	Group 1	Group 2
1st Place	Summer L.	Paul L.
2nd Place	Sara M.	Spencer S.
3rd Place	Joan B.	

50-Yard Dash

	Group 1	Group 2	Group 3
1st Place	Ashley G.	Jason T.	Eugene F.
2nd Place	Jessica W.	Matt M.	

25-Yard Wheelchair Unassisted

1st Place	Marc L.
2nd Place	Gary E.
3rd Place	Becky C.

25-Yard Wheelchair Assisted

1st Place	Crystal A.
2nd Place	Kari M.
3rd Place	Eugene W.

Standing Long Jump

1st Place	Sara M. & Jeffrey T. (tie)
2nd Place	JP S. & Kirby S. (tie)
3rd Place	Carrie C.

Running Long Jump

1st Place	Jason T.
2nd Place	Jeffery T.
3rd Place	Randy N.

Discover the possibilities with Mosaic

We are excited about a new friend and fundraising initiative at Mosaic. We'll be using a mission-centered approach to sustainable funding that builds relationships with donors who truly support our work. The goal will be to raise sufficient sustainable donor funding that decreases our reliance on state and federal funding. The initiative will create many opportunities for people in our community to help in our mission of advocacy for people with intellectual disabilities. At the present time, we are recruiting volunteers to serve on our fund raising team. For more information about these opportunities, please contact Karen Irwin at 651.342.6015 or karen.irwin@mosaicinfo.org.

Host homes

Having a family to love and a place to call home is important for everyone. In several states, Mosaic provides host home services. Mosaic in South Central Iowa is expanding our services to include the host home opportunity. As a host home provider, you receive support and guidance from Mosaic to provide services to people with disabilities in a family-like or roommate-style setting in the host's home. Host home providers are not Mosaic employees but are independent contractors with Mosaic. Providers receive ongoing training and support from Mosaic to help build the skills needed for success. In addition, they have respite care available for emergencies or time off. There are many benefits for the person supported and for the provider.

Benefits for people served:

- Individualized staff supports
- Family-like environment
- Increased consistency in support
- Increased opportunity for community involvement

Benefits for host home provider:

- Ability to improve the life of a person with a disability
- Ability to be at home to support your own family while earning an income
- We offer clear contractual agreements. You will know you made the right choice with Mosaic when all of your questions are fully understood and the answers are in writing.
- For your convenience, we offer direct deposit for compensation and electronic documents so you can easily work from home.
- Comprehensive training and education is provided at no cost to the provider.
- Mosaic offers competitive rates. In addition, Mosaic's compensation to you is tax-free!

These are only a few of the benefits of working as a host home provider with Mosaic. To learn more or to become a host home provider, contact Stephanie Gehlhaar at 641.342.6015 or stephanie.gehlhaar@mosaicinfo.org.